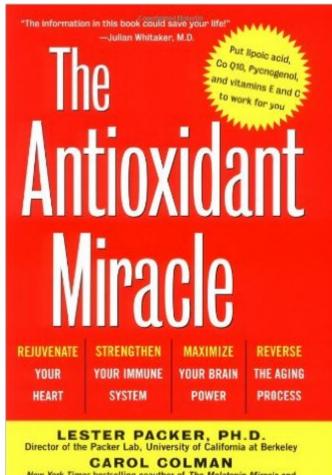
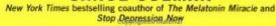
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The Antioxidant Miracle: Put Lipoic Acid, Pycnogenol, And Vitamins E And C To Work For You







Synopsis

An internationally known scientist joins the bestselling coauthor of "The Melatonin Miracle" to introduce the healing power of the antioxidant network--the different antioxidants that work together with much more strength than they do individually.

Book Information

Paperback: 256 pages Publisher: Wiley; 1 edition (December 10, 1999) Language: English ISBN-10: 0471353116 ISBN-13: 978-0471353119 Product Dimensions: 6 × 0.7 × 9 inches Shipping Weight: 12 ounces (View shipping rates and policies) Average Customer Review: 4.6 out of 5 stars Â See all reviews (48 customer reviews) Best Sellers Rank: #107,840 in Books (See Top 100 in Books) #11 in Books > Health, Fitness & Dieting > Nutrition > Antioxidants & Phytochemicals #57 in Books > Health, Fitness & Dieting > Nutrition > Vitamins & Supplements #2454 in Books > Health, Fitness & Dieting > Alternative Medicine

Customer Reviews

This is one of the most useful health books I have ever read, and I have been studying them for more than 20 years. Ignore the comments about the style of writing etc. The style could have been a little better but this is not the important issue. The information contained here is of significant value and it is based on good science (in my opinion). If you care about your health and long term survival then buy this book, read it carefully, and follow Dr. Packer's advice. Your medical doctor will probably not tell you about this new information but he is no doubt, following it himself at home. By the way, Dr. Packer is a Phd., not an MD. What is not stated in the book but I'm sure Dr. Packer is aware of is that there is new research which suggests that many presently incurable diseases are caused by certain types of viruses, bacteria, and fungus. These microbes are too small to see with an ordinary microscope (while they are alive), and are dead when viewed under an electron microscope. The process by which they work has been missed up until recently. New techniques are available now which allows microbiologists to see and study how these organisms work, and this is beginning to create new science. New science in any field takes a long time to be accepted by many practitioners for various reasons. You will not hear about this on the evening news or in

your local paper, probably for another 5 to 10 years. If you want to learn more about it, you must study it yourself. For more info see Dr. Mattman's book on "Cell Wall Deficient Forms", 2000, available on .com. Also, see Dr. Gregory's book, Pathogenesis of Cancer, 1955, out of print but may be available from .com Zshops or Auctions. This book shows that this subject has been around for awhile (and is highly controversial).

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